



How you can become a volunteer  
and find out what is your talent ???

# EVS- what is this and how to apply

- ❖ You can apply, If you are between 17 and 30 years: Contact an organization that is recruiting volunteers for a granted project or contact an organization to discuss starting a project. In this site [http://europa.eu/youth/evs\\_database](http://europa.eu/youth/evs_database) you can check what kind of projects are available .
- ❖ Volunteers participate in EVS through a Sending Organization in the country where they live and a Receiving Organization that receives and hosts them during their period of service.
- ❖ Projects last from 2 weeks to 12 months, and as a volunteer you can work in a wide range of fields, such as culture, youth, sports, children, cultural heritage, arts, animal welfare, environment and development cooperation. At the end of your EVS period, you will receive a certificate confirming your participation and describing your project – the Youthpass.
- ❖ You will receive free accommodation, food, insurance and pocket money. The only thing you might have to pay is a small part of your travel costs.

# Our organization- YMCA

- ▶ YMCA's (Young Men's Christian Association) had been founded in 1844 by sir George Williams.
- ▶ YMCA MZ NITRA was established in 2000.
- ▶ Target groups are children and youngsters.
- ▶ The main goal of YMCA is to developing talents in young people by helping The others.

# My short- term project

- ▶ Our project „Together against barriers” is short term project, which is started on 15 th of march and finishing on 30 th of april 2014.
- ▶ include 3 hearing disabled, 1 with Diabetes Type 1 and 1 for long term project volunteers from Bulgaria.
- ▶ together with disabled young people from Nitra’s Stationary We prepared a program - pantomime show “Pinocchio”. We played for children in schools and old people in Retirement homes.
- ▶ The second part of project is connected with gardening and reconstructing the area around YMCA centre.

With our friends from stationary



We working in the garden, we make some interesting things like ship and spiral with plants(permaculture gardening).



# “If you help to others, you help yourself the best!” - long-term project

- ▶ We are Magdalena Sazdovska and Mariela Velcheva. We are volunteers from Macedonia and Bulgaria.
- ▶ Our long-term project is for 12 months
- ▶ We work with children, disable people and families in risk.
- ▶ We participate in different events and help in other non-profit organizations and universities.

# Summer day spend with people from stationary and other volunteers

Diploma for everyone



All of us

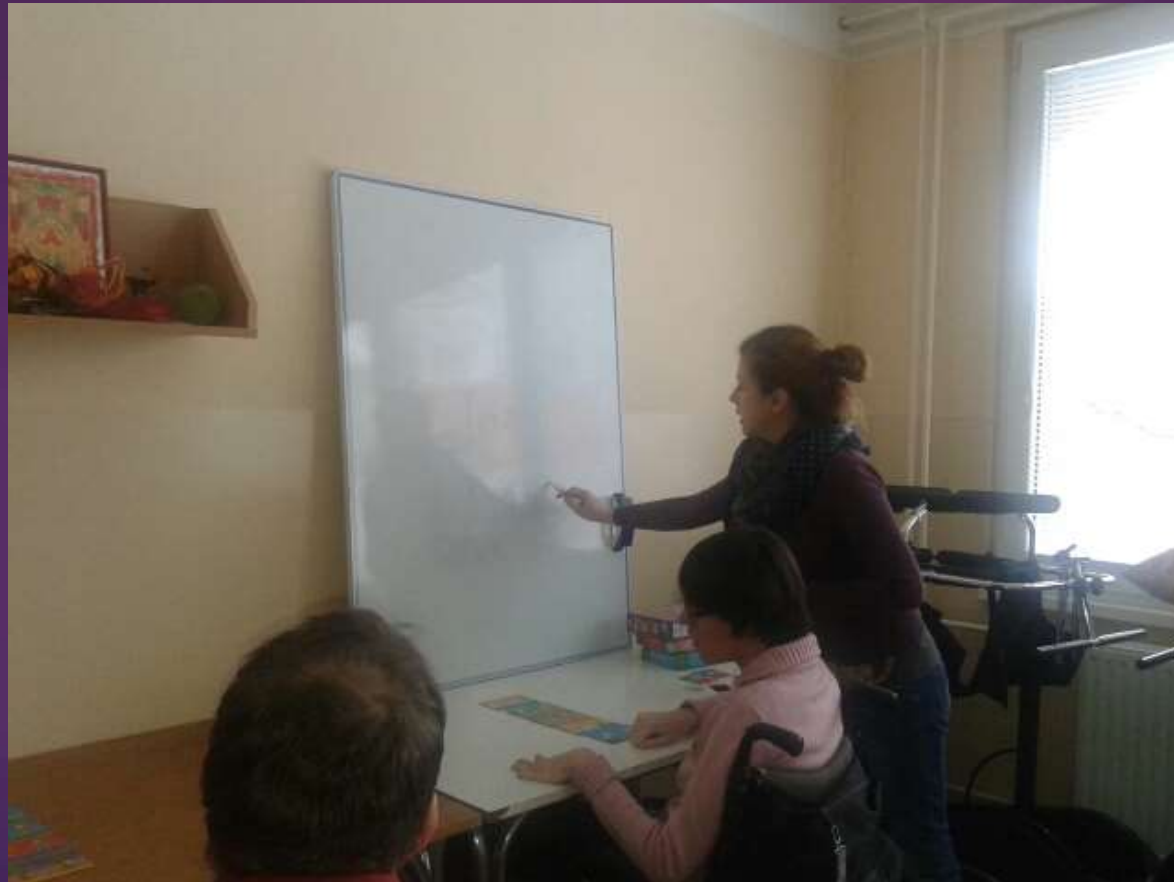




Work with children- really nice job, thanks to Sophia and Laura ☺



# English lesson with my clever students from stationary



# Svätý Mikuláš in orphanage house with two other volunteers from YMCA- Zlaty and Denis



# My teaching work with student at UKF-Faculty of Education, department of creative art and art theory



During the one class on the university



# My students Laura and Linda on summer YMCA camp



# Administrative work and helping to head dean



# Doing presentations for students





# Painting class with disabled people

